



Physical Therapy Services

The Physical Therapy Department facilitates multiple group classes in the RBAC therapy pool:

Group Wellness Classes	
Aquatic Group Wellness Class with Lori	Tuesday & Thursday from 8:00am-8:50am
Aquatic Group Wellness Class with Lori	Tuesday & Thursday from 9:00am-9:50am
Aquatic Group Wellness Class with Sara	Tuesday & Thursday from 9:00am-9:50am
Aquatic Group Wellness Class with Sara	Tuesday & Thursday from 11:00am-11:50am
Land Group Wellness Class with Jennifer - Functional Strength Training	Wednesday from 10:00am-10:50am
Land Group Wellness Class with Jennifer - Functional Strength Training	Friday from 10:00am-10:50am

*Group Wellness Classes are for self-pay only. Monthly registration is required. Payment is required at registration; there are no refunds for missed sessions.

One-on-One Physical Therapy

The RBAC offers both land and aquatic-based physical therapy services for patients with orthopedic and neurological diagnoses including but not limited to:

- Non surgical and post-surgical conditions
- Posture training and education
- Aches and pains associated with aging
- Gait training
- Functional deficits related to post stroke, traumatic brain injury, spinal cord injury, Multiple Sclerosis, Parkinson's Disease and other neurological conditions.

*For one-on-one Physical Therapy, we accept Medicare Part B and self-pay patients.

*All new patients are required to have a valid prescription/order from a licensed California physician prior to their evaluation.

Contact Information

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