

Rose Bowl Aquatics

Spring-Summer 2022 Schedule

Group	Pool Schedule	Dryland Schedule
10 Foundations Lead Coach: Jamie Gross jgross@rosebowlaquatics.org	Monday: 3:15 - 4:30pm Tuesday: 3:15 - 4:30pm Wednesday: 3:15 - 4:30pm Thursday: 3:15 - 4:30pm Friday: 3:15 - 4:30pm	Monday: 4:30 - 5:15pm Wednesday: 4:30 - 5:15pm Friday: 4:30 - 5:15pm
10 Growth Lead Coach: Scott Player splayer@rosebowlaquatics.org	Monday: 3:15 - 4:45pm Tuesday: 3:15 - 4:45pm Wednesday: 3:15 - 4:45pm Thursday: 3:15 - 4:30pm Friday: 3:15 - 4:45pm	Monday: 4:45 - 5:15pm Wednesday: 4:45 - 5:15pm Friday: 4:45 - 5:15pm
12 Foundations Lead Coach: David Jimenez djimenez@rosebowlaquatics.org	Monday: 5:45 - 7:00pm Tuesday: 4:45 - 6:00pm (Group 1), 5:45 - 7:00pm (Group 2) Wednesday: 5:45 - 7:00pm Thursday: 5:45 - 7:00pm Friday: 5:45 - 7:00pm	Monday: 7:00 - 7:30pm Wednesday: 7:00 - 7:30pm Friday: 7:00 - 7:30pm
12 Growth Lead Coach: Scott Player splayer@rosebowlaquatics.org	Monday: 4:30 - 6:00pm Tuesday: 4:30 - 6:00pm Wednesday: 4:30 - 6:00pm Thursday: 4:15 - 6:00pm Friday: 4:30 - 6:00pm Saturday: 9:15 - 11:00am	Monday: 6:00 - 6:45pm Wednesday: 6:00 - 6:45pm Friday: 6:00 - 6:45pm
14 Growth Lead Coach: Anika Apostalon a.apostalon@rosebowlaquatics.org	Monday: 3:15 - 5:00pm Tuesday: 3:15 - 5:00pm Wednesday: 5:15 - 7:00am Thursday: 3:15 - 5:00 (Group 1), 4:30 - 6:00 (Group 2) Friday: 3:15 - 5:00 (Group 1), 4:15 - 6:00 (Group 2) Saturday: 9:00 - 11:00am	Tuesday: 5:00 - 5:45pm Thursday: 5:00 - 5:45pm (Group 1 after practice), 3:45 - 4:30pm (Group 2 before practice) Saturday: 8:00 - 9:00am
Senior Foundations Lead Coach: Cameron Ware cware@rosebowlaquatics.org	Monday: 4:45 - 6:00pm (Group 1), 5:45 - 7:00pm (Group 2) Tuesday: 5:45 - 7:00pm Wednesday: 5:45 - 7:00pm Thursday: 5:45 - 7:00pm Friday: 5:45 - 7:00pm Saturday: 7:15 - 9:00am	Tuesday: 7:00 - 7:45pm Thursday: 7:00 - 7:45pm
Senior Growth Lead Coach: Cameron Ware cware@rosebowlaquatics.org	Monday: 5:15 - 7:00am Tuesday: 3:15 - 5:00pm (Group 1), 4:15 - 6:00pm (Group 2) Wednesday: 3:15 - 5:00pm (Group 1), 4:15 - 6:00pm (Group 2) Thursday: 4:30 - 6:00pm Friday: 4:30 - 6:00pm Saturday: 5:15 - 7:30am	Monday: 4:00 - 5:00pm Thursday: 3:30 - 4:30pm Saturday: 7:30 - 8:30am
National Group Lead Coach: Hector Jimenez hjimenez@rosebowlaquatics.org	Monday: 3:15 - 5:00pm (Group 1), 4:15 - 6:00pm (Group 2) Tuesday: 5:15 - 7:00am Wednesday: 3:15 - 4:45 (Group 1), 4:30 - 6:00 (Group 2) Thursday: 5:15 - 7:00am, AND 3:15 - 4:30pm Friday: 3:15 - 4:45pm Saturday: 7:15 - 9:30am	Monday: 5:00 - 6:00pm (Group 1), 6:00 - 7:00pm (Group 2) Thursday: 4:30 - 5:30pm Friday: 4:45 - 6:00pm Saturday: 9:30 - 10:30am